

30th Brussels Hand Upper Limb Symposium

Biomechanics, Pathophysiology and Sonography

06 & 07 February 2026



Museum of Medicine
Route de Lennik 808, 1070 Bruxelles



Inscriptions : www.brusselsonography.be

30 th BRUSSELS HAND/UPPER LIMB SYMPOSIUM

and

Third International Symposium on Sonography-Guided Surgery

Biomechanics, Pathophysiology and Ultrasonography

February 6 and 7, 2026

AIMS AND FORMAT

The last two Brussels hand/upper limb symposia focused on the innovative operative use of sonography in upper limb surgery and the implementation of sono-guided procedures in an office base surgical practice. These aspects of hand surgery become more and more a reality among a continuously growing population of surgeons all over the world. Using sonography for interventional purposes allows to better understand the pathophysiology of the diseases and to improve their treatments. A lot of uncertainty remains; sonography allows to dynamically assess the diseases in natural environment, simultaneous comparison with neighbouring healthy tissue and the immediate effect of surgery. This contrasts to other methods, exploring the affections in frozen state, dissected and isolated, flattened on a table, and/or in layers ignoring their 3D structure. The purpose of this third symposium is therefore to explore how sonography helps us to better understand hand and upper limb biomechanics and pathophysiology with a direct positive effect on the quality of care given to our patient. As usual, the primary goals of the Brussels annual Hand/Upper Limb Symposium are to promote the exchange of new ideas, to establish guidelines on a consensual basis, and to foster collaborative investigations among various specialists. Much time will be set aside for the discussions.

Please join us in 2026! Presentations will be by invited faculty, but a limited number of free papers will be as well accepted. Much time will be kept for discussions and practical demonstrations.

COURSE DIRECTOR

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